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# **Accessibility Features on Mac**

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On Mac, choose Apple Menu  > System Preferences, then click Accessibility.

## Vision

[VoiceOver User Guide](https://support.apple.com/guide/voiceover)

[Change Zoom preferences for accessibility](https://support.apple.com/guide/mac-help/change-zoom-preferences-for-accessibility-mh40579/12.0/mac/12.0)

[Use Hover Text](https://support.apple.com/guide/mac-help/use-hover-text-mchlb203bc78/12.0/mac/12.0)

[Zoom in on the Touch Bar](https://support.apple.com/guide/mac-help/zoom-in-on-the-touch-bar-mchl090bb3ee/12.0/mac/12.0)

[Change Display preferences for accessibility](https://support.apple.com/guide/mac-help/change-display-preferences-for-accessibility-unac089/12.0/mac/12.0)

[Change Pointer preferences for accessibility](https://support.apple.com/guide/mac-help/change-pointer-preferences-for-accessibility-mchl5bb12e1e/12.0/mac/12.0)

[Change Color Filters preferences for accessibility](https://support.apple.com/guide/mac-help/change-color-filters-preferences-mchlba06b669/12.0/mac/12.0)

[Change Spoken Content preferences for accessibility](https://support.apple.com/guide/mac-help/change-spoken-content-preferences-spch638/12.0/mac/12.0)

[Change Descriptions preferences for accessibility](https://support.apple.com/guide/mac-help/change-descriptions-preferences-accessibility-mchl2a14f1c5/12.0/mac/12.0)

## Hearing

[Real-Time Text (RTT)](https://support.apple.com/guide/mac-help/aside/glosf936e92a/12.0/mac/12.0)

[macOS accessibility features for hearing](https://support.apple.com/guide/mac-help/hearing-mchlb4f015b1/12.0/mac/12.0)

[Change Audio preferences for accessibility](https://support.apple.com/guide/mac-help/change-audio-preferences-for-accessibility-unac611/12.0/mac/12.0)

[Change RTT preferences for accessibility](https://support.apple.com/guide/mac-help/change-rtt-preferences-for-accessibility-mchlf4b091e8/12.0/mac/12.0)

[Change Captions preferences for accessibility](https://support.apple.com/guide/mac-help/change-captions-preferences-for-accessibility-mh43180/12.0/mac/12.0)

## Motor

[macOS accessibility features for mobility](https://support.apple.com/guide/mac-help/mobility-mchl654a7cc7/12.0/mac/12.0)

[Control your Mac and apps using Voice Control](https://support.apple.com/guide/mac-help/control-your-mac-and-apps-using-voice-control-mh40719/12.0/mac/12.0)

[Create a custom vocabulary](https://support.apple.com/guide/mac-help/create-import-export-a-custom-vocabulary-mchl3eb7b79a/12.0/mac/12.0)

[Use item number and grid overlays](https://support.apple.com/guide/mac-help/item-number-grid-overlays-voice-control-mchl26854b08/12.0/mac/12.0)

[Navigate your Mac using Full Keyboard Access](https://support.apple.com/guide/mac-help/navigate-your-mac-using-full-keyboard-access-mchlc06d1059/12.0/mac/12.0)

[Change Keyboard Hardware preferences for accessibility](https://support.apple.com/guide/mac-help/change-keyboard-hardware-preferences-mh40580/12.0/mac/12.0)

[Use the Accessibility Keyboard](https://support.apple.com/guide/mac-help/use-the-accessibility-keyboard-mchlc74c1c9f/12.0/mac/12.0)

[Control the pointer using Dwell](https://support.apple.com/guide/mac-help/control-the-pointer-using-dwell-mchl437b47b0/12.0/mac/12.0)

[Change Mouse & Trackpad preferences for accessibility](https://support.apple.com/guide/mac-help/change-mouse-trackpad-preferences-unac899/12.0/mac/12.0)

[Control the pointer using Mouse Keys](https://support.apple.com/guide/mac-help/control-the-pointer-using-mouse-keys-mh27469/12.0/mac/12.0)

[Change Alternate Control Methods preferences for accessibility](https://support.apple.com/guide/mac-help/change-alternate-control-methods-preferences-mchl7b437b35/12.0/mac/12.0)

[Move the mouse using head pointer](https://support.apple.com/guide/mac-help/move-the-pointer-using-head-pointer-mchlb2d4782b/12.0/mac/12.0)

[Use Switch Control](https://support.apple.com/guide/mac-help/use-switch-control-mh43607/12.0/mac/12.0)

## General:

[macOS general accessibility features](https://support.apple.com/guide/mac-help/general-mchl429b64a1/12.0/mac/12.0)

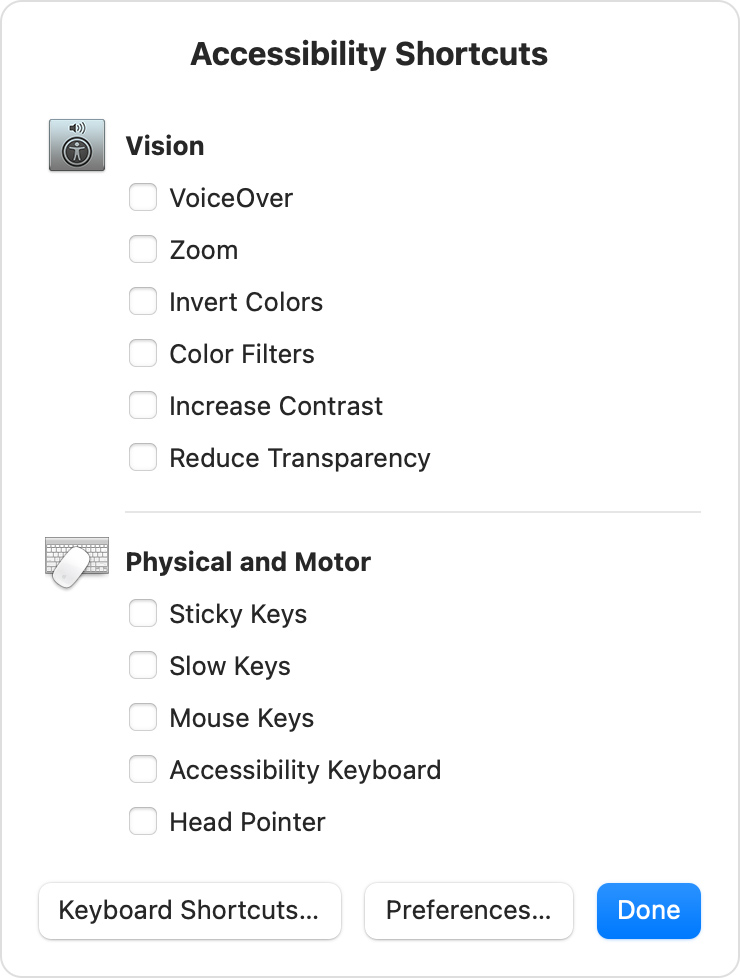
[Siri requests](https://support.apple.com/guide/mac-help/aside/glosc4eaaec2/12.0/mac/12.0)

[Change Siri preferences for accessibility](https://support.apple.com/guide/mac-help/change-siri-preferences-for-accessibility-mchl5715a9f2/12.0/mac/12.0)

[Change Shortcut preferences for accessibility](https://support.apple.com/guide/mac-help/change-shortcut-preferences-for-accessibility-mchla7804b65/12.0/mac/12.0)

## Use the Accessibility Shortcuts panel on Mac

The Accessibility Shortcuts panel offers shortcuts to quickly turn on or turn off common accessibility features such as Zoom, VoiceOver, and Sticky Keys.



## Open the Accessibility Shortcuts panel

Press these keys together: Option (⌥), Command (⌘), and F5. On notebook computers with a [Touch Bar](https://support.apple.com/kb/HT207055), you might need to press the Fn (Function) key as well.

On notebook computers with [Touch ID](https://support.apple.com/guide/mac-help/use-touch-id-mchl16fbf90a/mac), triple-press Touch ID. (If you press and hold the Command key while doing this, VoiceOver turns on or off.)

To close the panel, click Done or click anywhere outside of the window.

## Change the shortcuts in Accessibility Shortcuts

To change the shortcuts that appear in the panel, choose Apple menu  > System Preferences, then click Accessibility. Select Shortcut in the sidebar, then use the checkboxes to turn shortcuts on or off.